

Unleash Your Inner Power Year with Angel Messages and Aromatherapy Recipes

Are you feeling drained and disconnected from your inner strength? Do you long for a way to reclaim your power and feel a renewed sense of purpose in your life? Look no further! In this article, we will explore the powerful combination of angel messages and aromatherapy recipes that can help you tap into your inner power and create a transformative year ahead.

Understanding Angel Messages

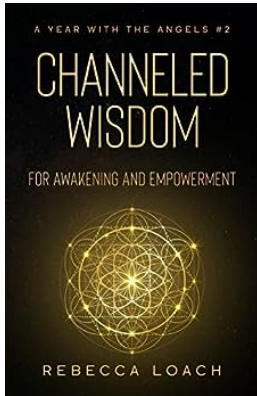
Angels are celestial beings believed to be messengers of the divine. While they may not be physically present, they offer guidance and support to those who are open to receiving their messages. Angel messages can come in various forms, such as signs, symbols, or intuitive insights. These messages often carry profound wisdom and serve as gentle reminders of our innate power.

To begin your journey towards reclaiming your power, it is essential to open yourself up to angel messages. Create a quiet and calming space where you can connect with your intuition. Take a few deep breaths, clear your mind, and ask the angels to guide you. Pay attention to any thoughts, feelings, or sensations that arise during this process. These are the subtle messages from your heavenly companions.

Channeled Wisdom for Awakening and Empowerment: Angel Messages and Aromatherapy Recipes for Reclaiming Your Power (A Year with the Angels Book Series)

by Rebecca Loach (Kindle Edition)

★★★★☆ 4.6 out of 5



Language	: English
File size	: 806 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 179 pages
Lending	: Enabled



Once you have received an angel message, it's important to reflect upon it and incorporate it into your daily life. This could involve setting intentions, making positive affirmations, or taking practical steps towards aligning your actions with the guidance received.

The Power of Aromatherapy

Aromatherapy is a holistic healing practice that utilizes essential oils extracted from plants to promote physical, emotional, and spiritual well-being. It has been used for thousands of years and is renowned for its ability to enhance mood, reduce stress, and uplift the spirit.

When combined with angel messages, aromatherapy can become a powerful tool for personal transformation. By carefully selecting essential oils that resonate with the energy of your angel messages, you can amplify their impact and accelerate your journey towards reclaiming your power.

Here are a few aromatherapy recipes that you can try:

Recipe 1: Releasing Emotional Baggage

1. In a diffuser, add 5 drops of lavender essential oil.
2. Add 3 drops of bergamot essential oil.
3. Add 2 drops of rose essential oil.
4. Diffuse the blend for 30 minutes in your living space or office.
5. As the aroma fills the air, visualize any emotional baggage being released, allowing you to reclaim your power.

Recipe 2: Energizing and Empowering

1. In a roller bottle, combine 10 drops of lemon essential oil.
2. Add 6 drops of peppermint essential oil.
3. Fill the remainder of the bottle with a carrier oil such as jojoba or sweet almond oil.
4. Roll the blend onto your pulse points, such as wrists, temples, and the back of your neck.
5. As you apply the blend, repeat affirmations such as "I am energized, empowered, and ready to reclaim my power."

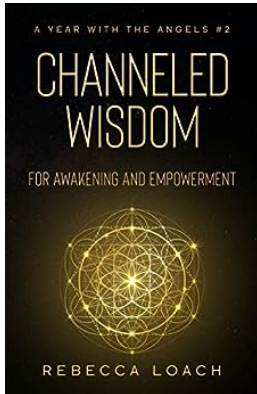
Reclaiming Your Power Year

By combining angel messages and aromatherapy recipes, you can embark on a transformative journey towards reclaiming your power year. Remember that each person's experience may vary, and it's important to trust your intuition and adapt the recipes to suit your needs.

Throughout the year, continue to seek angel messages and integrate them into your daily life. Use aromatherapy as a tool to anchor the energy of the messages and support your emotional well-being.

As you progress on this journey, you may notice a renewed sense of purpose, increased self-confidence, and a heightened ability to manifest your desires. Embrace this newfound empowerment and allow it to propel you towards living a fulfilling and authentic life.

Your power awaits. Are you ready to embrace it?



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Yearning to unlock your inner greatness? Discover an enlightened series of mystical insights and essential oil blends to help you transform into your purest self.

Are you living with a fear of failure? Is your purpose on Earth unclear? Do you yearn for a deeper spiritual connection? With more than fifteen years of experience in holistic and energy medicine, successful author, course instructor, and Soulful Mystic Rebecca Loach has channeled messages from the divine that

helped hundreds of lost souls on their quest for fulfillment. And now she's back with a second helping of celestial wisdom so you can deepen your self-awareness.

Channeled Wisdom for Awakening and Empowerment: Angel Messages and Aromatherapy Recipes for Reclaiming Your Power offers you the strength to nourish your heart and soul. Allow channeled angelic passages to open each week and discover recipes for essential oil blends to reinvigorate your uniquely natural brilliance. With Loach and the angelic realms by your side, you'll learn to align your inner being with heavenly energies so you can fully realize the life of your dreams.

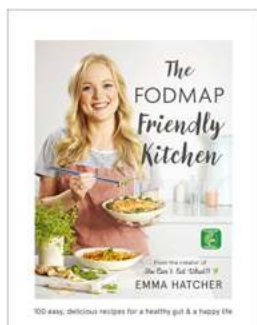
In Channeled Wisdom for Awakening and Empowerment, you'll discover:

- 12 full months of weekly personal messages from the angels to reveal your path
- Essential oil blends for healing, peace, and inspiration
- An exploration of spirit-enriching properties within each holistic combination
- Transformational understanding to better express your unique truth
- The realization that you are no longer alone through the virtue of divine love, and much, much more!

Channeled Wisdom for Awakening and Empowerment: Angel Messages and Aromatherapy Recipes for Reclaiming Your Power is your spiritual guide for stimulating powerful resources to achieve your true greatness. If you like potent catalysts for change, supportive spirituality, and the naturally aligning powers of aromatherapy, then you'll love Rebecca Loach's collection of meaningful messages.

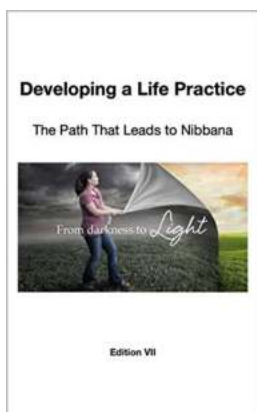
Note to readers: Previously published as A Year with the Angels, Book Two: 52 Messages & 18 Essential Oil Blends Channeled from the Angels to Awaken and Empower

Buy Channeled Wisdom for Awakening and Empowerment to connect with higher vibrations and find personal fulfillment today!



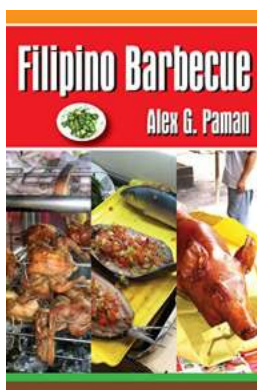
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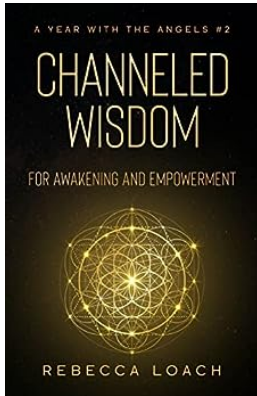
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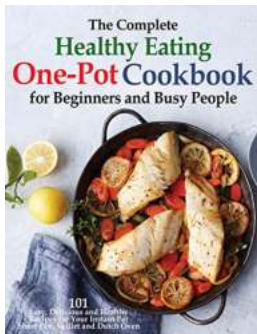
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