

Short Stories Of Addiction Recovery And Loss From The Family Perspective

Dealing with addiction and its effects can be an incredibly challenging and emotional journey for both the individual struggling with addiction and their loved ones. Addiction not only takes a toll on the person going through it but also on their family and friends who witness their pain. In this collection of short stories, we will explore the experiences of families who have navigated the difficult road of addiction recovery and loss.

The Dark Abyss of Addiction

In our first story, we meet Sarah, a mother who shares her heartbreaking journey of watching her son fall into the dark abyss of addiction. She illustrates the initial signs, the denial, and the ongoing struggles faced by her family in trying to understand and support her son's battle with addiction. Through her story, Sarah provides insight into the emotional rollercoaster experienced by families dealing with addiction.

A Glimmer of Hope

Our second story follows David, a father who shares the story of his daughter's journey of recovery. He takes us on a rollercoaster ride of emotions as he explains the immense pain and fear they faced during her addiction, but also the glimmer of hope they found when she embraced recovery. David's story reminds us that perseverance, love, and support can make a significant difference in the path to recovery.

I Love You, More: Short Stories of Addiction, Recovery, and Loss From the Family's Perspective



by Blake E. Cohen (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English
File size : 1382 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 120 pages
Lending : Enabled



When Loss Becomes Reality

In our third story, we shift our focus to Charlotte, a sister who candidly tells the story of her brother's battle with addiction, one that ultimately ended in tragedy. Charlotte takes us through the various stages of grief and the overwhelming sense of loss experienced by families when addiction takes a loved one from them. Her story serves as a stark reminder of the devastating consequences addiction can have and the importance of seeking help.

Love and Healing

Our final story centers around the perspective of Emily, a wife who shares her journey alongside her husband's recovery process. She sheds light on the impact addiction had on their marriage, the trust that was broken, but also the powerful healing that occurred through their commitment to one another. Emily's story showcases the resilience of love and the transformative power of support and understanding.

These short stories offer a glimpse into the complex and often painful reality faced by families dealing with addiction. They paint a vivid picture of the emotional rollercoaster experienced by those directly affected by addiction and highlight the triumphs and tragedies that come with recovery and loss. Through these stories, we gain a deeper understanding of the importance of compassion, empathy, and support for individuals and families navigating the challenging path of addiction.

Remember, if you or someone you know is struggling with addiction, it is crucial to seek professional help and support. Recovery is possible, and together, we can overcome the darkness of addiction and embrace a brighter future.



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The compulsion to use substances tends to drain every ounce of life from an individual, but this is often equally as true for their family.

Most family members do not know where to turn for support and guidance when a child, parent or spouse becomes ill. Society offers little to educate the public or de-stigmatize the problem of addiction.

I Love You More is distinct and unique from other books on the market on addiction as it is meant to be an emotional education on the family systems affected by addiction using three, fictional short stories, all with very different endings.

These three powerful stories have common threads of hope, pain, mistrust, grief, worry, change, acceptance, belief, and the constant presence of varying levels of sanity across a broad spectrum.

I Love You More offers insight into the various perspectives and experiences of family members who have dealt with the harrowing disease of addiction.

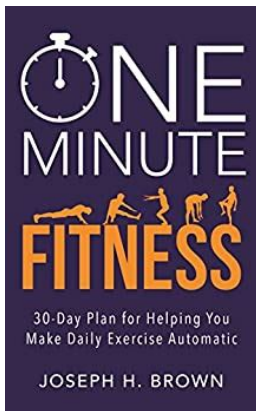
The goal of this quick, easy-to-read, book is to be the conduit that allows you to enter the body and mind of a substance abuser and their family, to see the world through their eyes as they navigate their way through one of the most heart-breaking and gut-wrenching hardships they will ever face.

The author, Blake Cohen, is a recovering alcoholic and addict himself for multiple years. He has a Bachelor's degree in psychology, is a Certified Addictions Professional, and is currently earning his Master's degree in the field of Leadership. He currently works in the field of substance abuse as an interventionist and Recovery/Family Coach. Blake's role allows him to be of assistance to families, and their loved ones, as they begin their journey into recovery. Blake is also a public speaker using his experience and education to help bring understanding to the public regarding the disease of addiction.

From mothers to fathers to siblings to aunts and uncles to grandmothers and grandfathers, as well the individuals struggling themselves, these stories contain emotional tidbits from the author's years in the treatment field, interviews with families, and his own personal experiences.

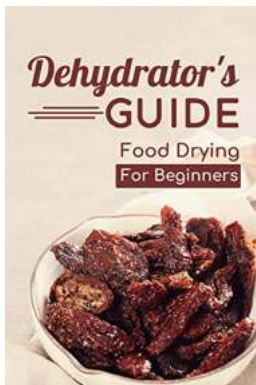
The hardest thing for a person to do is watch a loved one slowly kill themselves while you standby; unable to do anything about it. For the family, addiction is frustrating, heart-wrenching, exhausting and time-consuming. It can lead to bouts of anger followed by bouts of hysteria. It can leave you bed-ridden and paralyzed by insurmountable sadness and depression.

Although we cannot make our loved ones better, we can learn to take care of ourselves through it all. This book is emotional support for anyone and everyone whose lives have been touched by addiction.



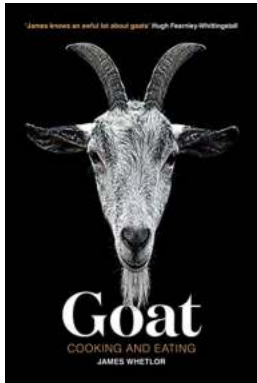
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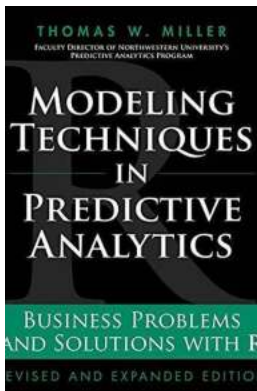
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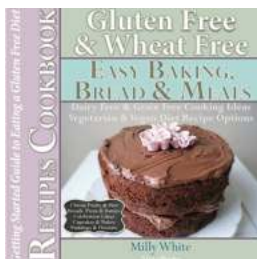
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