


# Family Guide To Intervention: Love First Family Recovery



**National Center for Learning Disabilities**  
*The power to hope, to learn, and to succeed.*

**RTI ACTION NETWORK**  
*Helping All Students Succeed*

## A Parent's Guide to Response to Intervention (RTI)

Millions of school-age children experience difficulties with learning. Their struggles in school may be due to factors such as cultural or language differences, poor attendance or a lack of appropriate instruction. In some cases, a disability such as a learning disability can make learning difficult for a child.

For years schools have attempted to provide help to these students using a variety of approaches—including programs such as special education and Title I. In recent years, Congress has added new provisions to our nation's federal education laws—the Elementary and Secondary Education Act (ESEA) and the Individuals with Disabilities Education Act (IDEA 2004)—that are designed to encourage school districts to provide additional support for struggling students within general education. This support should be provided as early as possible—when students show the earliest signs of difficulty.

When students are allowed to fail, they often get further and further behind, making it more and more difficult to get them back on grade level. By helping students early, schools can keep every student on grade level and on track to graduate. While schools have attempted many ways to help struggling students, including those with disabilities, the current focus is on an improved, research-based process known as **Response to Intervention (RTI)**. RTI is not a special kind of program or book. It is a way to help all students succeed, including struggling learners. Ultimately, the goal of RTI is to prevent failure and make all students successful learners.

The RTI process might also be called Responsiveness to Intervention or Multi-Tier System of Support (MTSS) depending on the state or school district. Whatever the name, parents play a critical role in RTI, just like any other successful school initiative.

The National Center for Learning Disabilities' RTI Action Network has developed this guide for parents and schools involved in implementing RTI in the elementary grades. As schools work to implement this new approach, some confusion may arise, so parents should feel free to ask questions and raise concerns along the way. Possible questions to ask appear on page 18.

**IMPORTANT!** The manner in which states and school districts might implement RTI varies greatly, so be sure to check with your state or local school district for additional information about RTI in your child's school.

**1** A Parent's Guide to Response to Intervention (RTI)  
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Intervention is a crucial step for families dealing with a loved one's addiction. It is a carefully planned and executed process that aims to help the individual acknowledge their addiction, accept help, and start their journey towards recovery.

In this comprehensive family guide to intervention, we will explore the Love First Family Recovery approach, which focuses on using love, compassion, and understanding to support your loved one throughout their recovery journey. By utilizing this method, families can play an active role in helping their loved ones overcome addiction and rebuild their lives.



## Love First: A Family's Guide to Intervention (Love First Family Recovery) by Jeff Jay (Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 2672 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 384 pages



## Understanding Intervention

Intervention is not about confrontation or forcing an individual into treatment. It is about creating a safe space where everyone affected by the addiction can gather together to express their concerns, feelings, and hopes for the individual. Love First Family Recovery recognizes that everyone involved in the intervention process needs support and healing.

During an intervention, family members and close friends meet with a professional interventionist who guides them through the process. The interventionist helps prepare the family by providing them with information, resources, and tools to effectively communicate their concerns without blame or judgment.

## **The Love First Approach**

The Love First approach emphasizes the importance of love and compassion in helping someone struggling with addiction. It recognizes that addiction is a complex issue and aims to create an atmosphere of support and understanding, rather than shame and guilt.

By using love as the foundation, the Love First Family Recovery approach focuses on strengthening the bond between the individual and their loved ones. It helps family members develop healthy boundaries while providing unconditional love and support during the recovery process.

## **Key Steps in the Love First Family Recovery Process**

### **Education and Preparation**

Before engaging in an intervention, it is important for family members to educate themselves about addiction and the recovery process. Understanding the disease of addiction helps family members approach the intervention process with empathy and compassion. A professional interventionist can provide the necessary education and preparation for the family.

### **Building a Support Network**

Establishing a support network is crucial for both the individual struggling with addiction and their family. A strong support system consists of individuals who understand addiction, have experience with recovery, and can offer guidance and encouragement throughout the journey.

### **Planning the Intervention**

With the help of an interventionist, family members plan the intervention by setting specific goals, determining the best time and place, and rehearsing what

they will say. Each family member's input is valued, and the interventionist ensures that the focus remains on expressing love, support, and concern.

## **Executing the Intervention with Love**

During the intervention, family members take turns expressing their concerns, reading prepared letters, and offering support to their loved one. The language used is non-confrontational, empathetic, and focused on the impact of addiction on the individual's life and relationships.

## **Providing Post-Intervention Support**

Recovery is an ongoing process, and the Love First Family Recovery approach recognizes the need for ongoing support. Family members continue to offer love, encouragement, and guidance as their loved one goes through treatment and enters into recovery.

## **Benefits of the Love First Family Recovery Model**

The Love First Family Recovery model offers numerous benefits to both the individual struggling with addiction and their family members:

- Creates a safe and supportive environment for open and honest communication
- Increases the chances of the individual accepting help and entering treatment
- Promotes family healing and rebuilding trust
- Strengthens family bonds and enhances relationships
- Reduces the stigma associated with addiction
- Provides ongoing support throughout the recovery journey

## In

If you have a loved one struggling with addiction, the Love First Family Recovery model can provide you with a valuable framework for intervention and support. By approaching the intervention process with love, compassion, and understanding, you can help your loved one take the first step towards recovery.

Remember, addiction is a disease that affects the entire family, and through the Love First Family Recovery model, you can actively contribute to your loved one's healing and long-term recovery success.

Speak to a professional interventionist, educate yourself about addiction, and build a strong support network. Together, you can guide your loved one towards a healthier, happier, and drug-free future.



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This revised and expanded third edition of the gold-standard for intervention provides clear steps for harnessing the power of family, friends, and professionals to create a better future with loved ones suffering from addiction.

Over the course of the last twenty years, Love First has become the go-to intervention guide for tens of thousands of families. This trailblazing book empowers and equips families and friends to use the power of love and honesty to give their addicted loved ones a chance to reach for help. Updated with the latest addiction science as well as insights gained from decades of front-line experience in family interventions, this revised and expanded edition contains practical tools for taking the next step together: transforming the intervention team into an ongoing community of loving support, lasting accountability, and lifelong recovery.



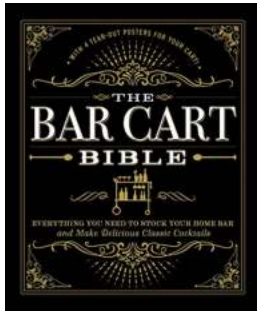
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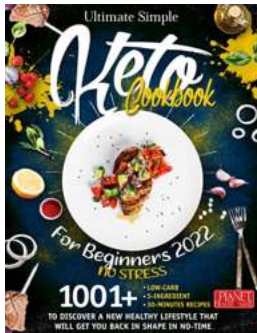
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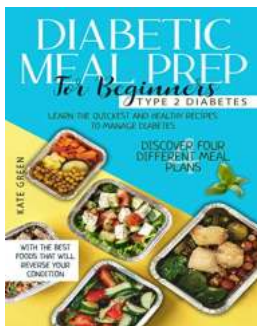
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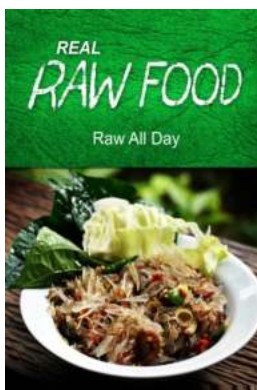
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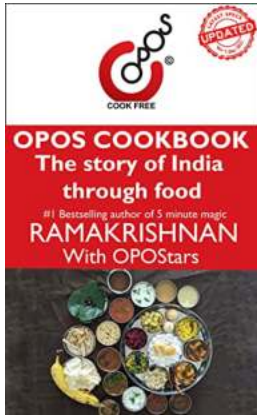
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