

Discover 140 Essential Oils Projects For Diffuser Blends, Soaps, Body Scrubs, Candles, And More!

Essential oils have gained immense popularity in recent years for their various benefits, including aromatic and therapeutic properties. Whether you're new to essential oils or a seasoned enthusiast, this article will provide you with an extensive list of 140 projects to make the most of these natural wonders.

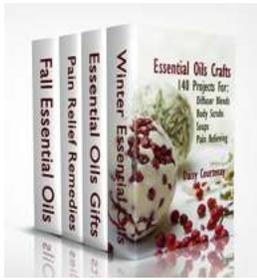
1. Diffuser Blends

The easiest and most popular way to incorporate essential oils into your daily routine is by using them in a diffuser. Here are some fantastic blends to freshen up your living space:

- Refreshing Citrus Blend: Combine 10 drops of lemon oil, 5 drops of sweet orange oil, and 3 drops of grapefruit oil for an invigorating aroma.
- Calming Lavender Blend: Mix 8 drops of lavender oil, 4 drops of chamomile oil, and 2 drops of bergamot oil to create a relaxing atmosphere.
- Energizing Mint Blend: Blend 6 drops of peppermint oil, 4 drops of eucalyptus oil, and 3 drops of rosemary oil to uplift your mood and increase focus.

2. Soaps

Why settle for ordinary soaps when you can create personalized ones infused with the scents you love? Here are some ideas to get you started:



Essential Oils Crafts: 140 Essential Oils Projects For Diffuser Blends, Soaps, Body Scrubs, Candles And Pain Relieving Remedies

by Daisy Courtenay (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English
File size : 6087 KB
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Enhanced typesetting : Enabled
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- Lemon Verbena Soap: Add 10 drops of lemon verbena oil to your melted soap base for a refreshing and citrusy cleanser.
- Lavender Oatmeal Soap: Mix 15 drops of lavender oil and 2 tablespoons of ground oatmeal into your soap base for a calming and exfoliating effect.
- Peppermint Eucalyptus Soap: Combine 8 drops of peppermint oil, 6 drops of eucalyptus oil, and a teaspoon of dried eucalyptus leaves for a rejuvenating and invigorating soap.

3. Body Scrubs

Indulge in luxurious body scrubs that not only exfoliate but also leave your skin smelling incredible. Here are some delightful recipes:

- Coconut Lime Body Scrub: Mix $\frac{1}{4}$ cup of coconut oil, 1 cup of sugar, and 10 drops of lime oil for a tropical and hydrating scrub.

- Vanilla Chai Body Scrub: Combine ½ cup of brown sugar, ¼ cup of almond oil, 1 teaspoon of vanilla extract, and 5 drops of cinnamon oil for a warm and comforting scrub.
- Orange Vanilla Body Scrub: Blend 1 cup of salt, ½ cup of olive oil, ¼ cup of jojoba oil, 10 drops of orange oil, and 5 drops of vanilla oil for an energizing and invigorating scrub.

4. Candles

Add a touch of elegance and scent to your living space using essential oils in candle-making. Here are some delightful candle blends:

- Rose Garden Candle: Mix 10 drops of rose oil, 5 drops of geranium oil, and 5 drops of lavender oil to create a romantic and calming ambiance.
- Spiced Apple Candle: Combine 8 drops of cinnamon oil, 5 drops of clove oil, and 3 drops of orange oil for a cozy and inviting atmosphere.
- Woodland Escape Candle: Blend 7 drops of cedarwood oil, 5 drops of pine oil, and 3 drops of frankincense oil for a rustic and grounding scent.

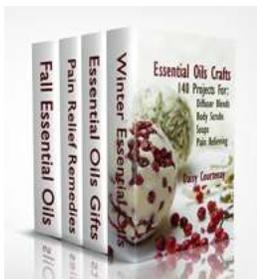
5. Miscellaneous Projects

Take your essential oil usage to the next level with these miscellaneous projects:

- Aromatherapy Shower Melts: Mix 1 cup of baking soda, ½ cup of citric acid, ¼ cup of cornstarch, and 20 drops of your preferred essential oil for a refreshing and invigorating shower experience.
- Scented Drawer Sachets: Fill small fabric bags with dried flowers, herbs, and a few drops of your favorite essential oil to create delightful sachets that keep your drawers smelling fresh.

- **Homemade Air Freshener Spray:** Combine 1 cup of distilled water, ½ cup of vodka, and 20 drops of your desired essential oil in a spray bottle for an all-natural and fragrant air freshener.

With these 140 essential oil projects for diffuser blends, soaps, body scrubs, candles, and more, you'll never run out of creative ways to enjoy the wonderful world of essential oils. Explore, experiment, and create your own signature scents that add a touch of nature to your everyday life!



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One of the best things about this book is that its recipes are very simply laid out, so it is easy to pick out whichever you want and get to work. You will find some recipes good for personal celebrations and others fitting for long happy seasons like Christmas.

Read on...

Book#1: Winter Time Essential Oils: 30 Diffuser Blends with Spirit of the Most Wonderful Time of the Year

This book, Winter Time Essential Oils: 30 Diffuser Blends with Spirit of The Most Wonderful Time of the Year, is a great read for anyone looking forward to enjoying the chilly but happy Christmas season.

Winter may keep you indoors for long, but if you know what essential oil blends to diffuse in your home, you will forget you are in a confined area and begin to enjoy a sense of freedom. This book names the specific essential oils that provide your diffuser oils with uplifting fragrances, and those that help to fight colds and cold related ailments.

One other great aspect of this book is that it puts together essential oils that match, so you do not have to do too much trial and error. Not all scents are great together, so having such a book with ingredients readily matched is a big benefit. In addition, the essential oils used to prepare the diffuser oil blends in this book are easily accessible and affordable.

Book#2: Essential Oil Gifts: 40 Recipes of Fragrant Scrubs, Bath Bombs, Soaps and Scented Candles

This book, "Essential Oil Gifts: 40 Recipes of Fragrant Scrubs, Bath Bombs, Soaps and Scented Candles" is a great guide for anyone who wishes to prepare worthwhile gifts either for Christmas or any other time.

It details what the best essential oils are, and which ones to use for specific needs. For that reason, you will find recipes to prepare gifts suitable to uplift one's mood, to enhance relaxation while eliminating stress, and such other health needs.

Book#3: DIY Pain Relief Remedies: 40 Recipes With Essential Oils And Medicinal Herbs

Fortunately there is a solution; nature provides a huge array of flowers, herbs, essential oils and even seaweed which has pain relieving properties. Many of them revolve around the ability to naturally decrease inflammation in your body. This reduces pressure on your joints and nerves either eliminating or drastically reducing the pain.

Some methods will work instantly while others will take a few days or even a few weeks. The important thing is to be open to the experience and try; you will be surprised at how effective these methods can be!

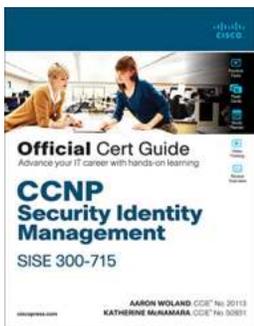
Book#4: Fall Essential Oils: 20 Diffuser Essential Oil Blends and 10 DIY Strong Scented Candles

This book, Fall Essential Oils: 20 Diffuser Essential Oils Blends and 10 DIY Strong Scented Candles, is a great guide on how to create a vibrant and uplifting environment indoors, to mirror the beauty and vibrancy that pervades the outdoors during the fall season.

The book explains how diffuser oils work, and provides a list of the most popular essential oils that emit fall fragrances. This means you can quickly pick a set of

essential oils and make your own oil blend to create the feel of fall wherever you are, whatever the season. Moreover, this book clearly explains the benefits you are bound to enjoy from each of the listed essential oils, whenever you use them in your diffuser oils.

Download your E book "Essential Oils Crafts: 140 Essential Oils Projects For Diffuser Blends, Soaps, Body Scrubs, Candles And Pain Relieving Remedies" by scrolling up and clicking "Buy Now with 1-Click" button!



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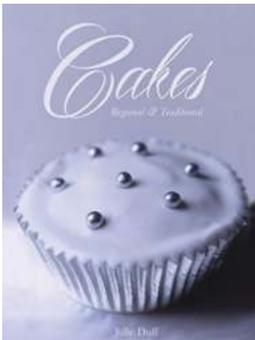
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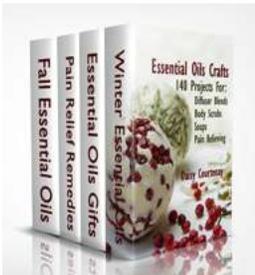
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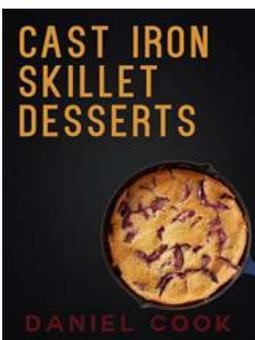
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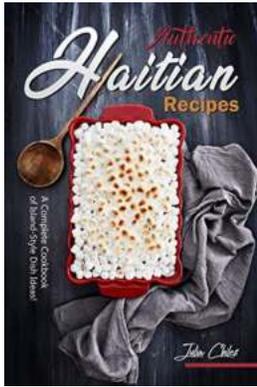
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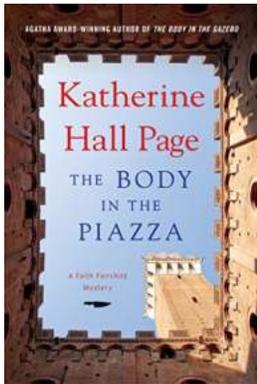
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